

KIRKLEES HEALTH & WELLBEING BOARD	
MEETING DATE:	30 June 2016
TITLE OF PAPER:	An integrated approach to improving outcomes for children and young people, their families and their communities in Kirklees: the contribution of the Healthy Child Programme 0-19
1. Purpose of paper	<p>To update the Board on progress with developing the Healthy Child Programme (HCP) 0-19 as a key part of the activity aiming to transform services for children and young people.</p> <p>To ask the Board to endorse the</p> <ul style="list-style-type: none"> • vision for an integrated approach to the Healthy Child Programme 0-19 • the outcomes for the programme and a set of principles to underpin the approach • use of the HCP 0-19 as a catalyst for changing the way we do things.
2. Background	<p>In January 2014 the Board discussed the range of activity aiming to transform services for children and young people, specifically the CAMHS Transformation Plan, the Stronger Families programme, the Disabled Children's Strategy and the development of the Healthy Child Programme.</p> <p>The HCP is an evidence-based programme of best practice which provides a <i>framework</i> to support collaborative work and more integrated delivery. The Council has statutory responsibility for commissioning public health services for children and young people aged 5-19. The responsibility for commissioning for 0-5 year olds transferred from NHS England to local authorities on 1 October 2015. This represents an excellent opportunity to take a more integrated whole family approach.</p> <p>The proposals set out in this paper were discussed and endorsed by the Children's Trust Partnership in March 2016</p>
3. Proposal	<p>The attached 'key messages' document highlights the proposed vision and outcomes:</p> <p><i>Kirklees is a great place to grow up where every child and young person...</i></p> <ul style="list-style-type: none"> • <i>is safe and loved, healthy and happy and free from harm, and</i> • <i>has the chance to make the most of their talents, skills and qualities to fulfil their potential.</i> <p><i>It is an opportunity to bring together organisations, people and services to develop a shared approach so that...</i></p> <ul style="list-style-type: none"> • <i>every child has the best start in life</i> • <i>all children, young people and adults maximise their capabilities and have control over their lives.</i>

The proposed principles that will underpin the approach are

- Prioritising a whole family approach;
- Involving and engaging children, young people, families and communities;
- Working together seamlessly to improve life chances;
- A partnership approach;
- Leading and providing strategic direction;
- Seeking creative ways to improve outcomes;
- Adapting to changes and reductions in resources;
- Using evidence to inform interventions and support;
- Integration, integration, integration.

The Kirklees Healthy Child Programme 0-19 represents the best opportunity yet to transform services for children and young people from conception to age 19. Work is progressing well to engage with partners across systems and sectors to inform a model for a re-designed Kirklees HCP. There is strong commitment to ensuring this work makes a full contribution to Kirklees Transformation Plan for children and young people's mental health and wellbeing. The approach being taken is focussed on using the Kirklees HCP as a *catalyst* for the transformation & integration of systems, interventions and services. This will require systems leadership across a range of partners and systems. The attached diagram shows some of the 'starting well' systems and services involved in achieving the vision and outcomes.

Governance

A Programme Management approach has been established to oversee this process, including:

- Interdisciplinary Project Steering Group
- Programme Leaders Group (KH, TB, KP)
- Programme Governance Group (DPH Chair, AD members from Council and CCG, Clinicians)
- Reports to Council's EIP Programme Board and PH Quality Board

4. Financial Implications

The services that are currently delivering elements of the HCP and CAMHS include:

Health visiting and FNP (0-5 year old public health resource).
School nursing (5-19 year old public health resource)
Child and adolescent mental health service (CAMHS) tiers 2 and 3
Pilot SPA CAMHS Transformation Plan
Nurturing Parent/Preparing for Parenthood
Children's weight management/NCMP
Healthy Start vitamin scheme.
HomeStart
Autistic Spectrum Conditions
Accident Prevention
Food for Life (CYP)

The current contract values/service budgets for these services have determined the financial envelope. Commissioners will be seeking savings over the contract term but with demonstrable improved outcomes for children, young people and families.

5. Sign off

Richard Parry, Director for Commissioning, Public Health and Adult Social Care

6. Next Steps

- Engagement and co-design with children and families completed by June, 2016.
- Stakeholder engagement completed by June, 2016.
- Service specification/tender documents complete by August, 2016.
- Tender process August, 2016 – December, 2016.
- Award contract December, 2016.
- Service implementation – April, 2017.

7. Recommendations

That the Board:

- endorse the vision for an integrated approach to the Healthy Child Programme 0-19, the outcomes and principles to underpin the approach to delivery of the programme
- support the use of the Healthy Child Programme 0-19 as a catalyst for changing the way we do things.

8. Contact Officers

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Healthy Child Programme (HCP)

0-19 years (up to 25 years for children with disabilities)

Kirklees healthy child programme (HCP) 0-19 years – what's it all about?

Key messages

Thursday 30/06/2016

1. What is the healthy child programme?

The context for the work is set by Professor Sir Michael Marmot's review, [Fair Society, Healthy Lives \(2010\)](#). The review had two aims - *to improve health and wellbeing for all* and *to reduce health inequalities*. To achieve these, the review recommended six objectives, the first and second of which are all about improving outcomes for children and young people:

- Give every child the best start in life, and
- Enable all children, young people and adults to maximise their capabilities and have control over their lives.

2. How does this fit with the Local Transformation Plan

In March 2015, the report of the Children and Young People's Mental Health Taskforce, ['Future in Mind'](#) set out a clear direction to improve children's mental health and wellbeing.

A key recommendation was the development of ['Local Transformation Plans'](#), to promote partnership working and drive improvements in children and young people's mental health and wellbeing over the next 5 years. Extra funding was made available to local areas on the development of Local Transformation Plans to drive sustainable service transformation to improve children and young people's mental and emotional health and wellbeing.

Kirklees was successful in attracting the extra funding.

3. Our vision

Kirklees is a great place to grow up where every child and young person...

- is safe and loved, healthy and happy and free from harm, and
- has the chance to make the most of their talents, skills and qualities to fulfil their potential.

4. What do we want to achieve?

We want to bring together organisations, people and services to develop a shared approach so that...

- every child has the best start in life
- all children, young people and adults maximise their capabilities and have control over their lives.

5. Commissioning services

[The Health and Social Care Act 2012](#) sets out a local authority's statutory responsibility for delivering and commissioning public health services for children and young people aged 5-19 years.

Responsibility for children's public health commissioning for 0-5 year olds, specifically health visiting services and Family Nurse Partnership, transferred from NHS England to local authorities on 1 October 2015.

The move to commissioning of children's public health services by local authorities is an opportunity to take a fresh look at a whole family approach. This means new opportunities for bringing together a robust approach for improving outcomes for children, young people and their families.

6. Kirklees Integrated Healthy Child Programme

The intention is to use the HCP approach for the integration of a range of systems, interventions and services in order to improve outcomes for children, young people, their families and communities, with a focus on mental and emotional health and wellbeing.

The plan covers the whole spectrum of services for children and young people's mental health and wellbeing from health improvement and prevention work, to support and interventions for children and young people who have existing or emerging mental health problems, as well as transitions between services.

7. The commissioning plan

To design and deliver more integrated child and family health services in Kirklees using the framework of the HCP to improve the outcomes for children, young people and their families. The services that are currently delivering elements of the HCP and CAMHS include:

- Health visiting and family nurse partnership (0-5 year old public health resource).
- School nursing (5-19 year old public health resource)
- Children and adolescent mental health service (CAMHS) tiers 2 and 3
- Learning from the pilot Single Point of Access in the CAMHS Transformation Plan
- Children's weight management service
- Healthy vitamin scheme.

Commissioners hope that any potential model will be innovative and demonstrate a robust, fully integrated delivery partnership approach. They are intending to encourage collaboration wherever possible.

8. Key design focus

The effectiveness of proposals for delivery of the new HCP model will be assessed according to the degree to which they:

- Integrate resources and Build integrated ways of working
- Focus 'upstream' on improving the agreed outcomes and preventing problems
- Reduce inequalities – proportionate help according to need and available assets
- Improve primary and secondary prevention across life stages
- Build in easy access to advice and help from a range of sources
- Embed 'nurturing parent' and enables parents to develop the 'confidence to care' and children and young people to self-manage (e.g. developing child/parent led care planning)
- Increase independence and decreases service dependency & Re-design support to promote resilience and emotional wellbeing
- Focus on four sources of support: 'Personal Relationships', 'Family (parent carer)', 'Community Capacity', 'Learning Environments'
- Demonstrate a coherent workforce design and development strategy and implementation plan.
- Demonstrate robust information governance and best practice in information sharing, including the potential for shared client record systems
- Support the development of the Learning and Community Hubs
- Promote relationship based approaches
- Ensure a robust support network of partner agencies, including access to advice, consultancy and supervision.

9. Timescales

- Market provider engagement completed by January, 2016.
- Engagement and co-design with children and families completed by June, 2016.
- Stakeholder engagement completed by June, 2016.
- Service specification/tender documents complete by August, 2016.
- Tender process August, 2016 – December, 2016.
- Award contract December, 2016.
- Service implementation – April, 2017.

10 Need more information?

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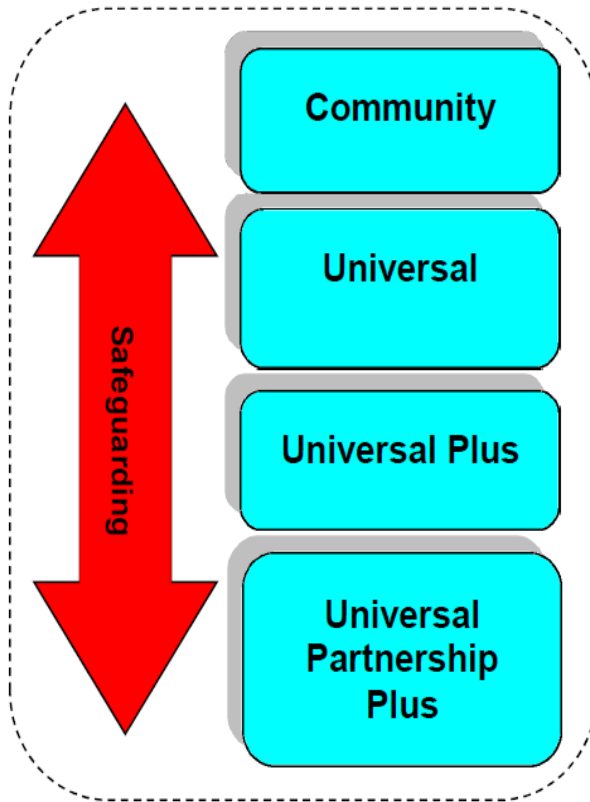
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The Current Healthy Child Programme Model



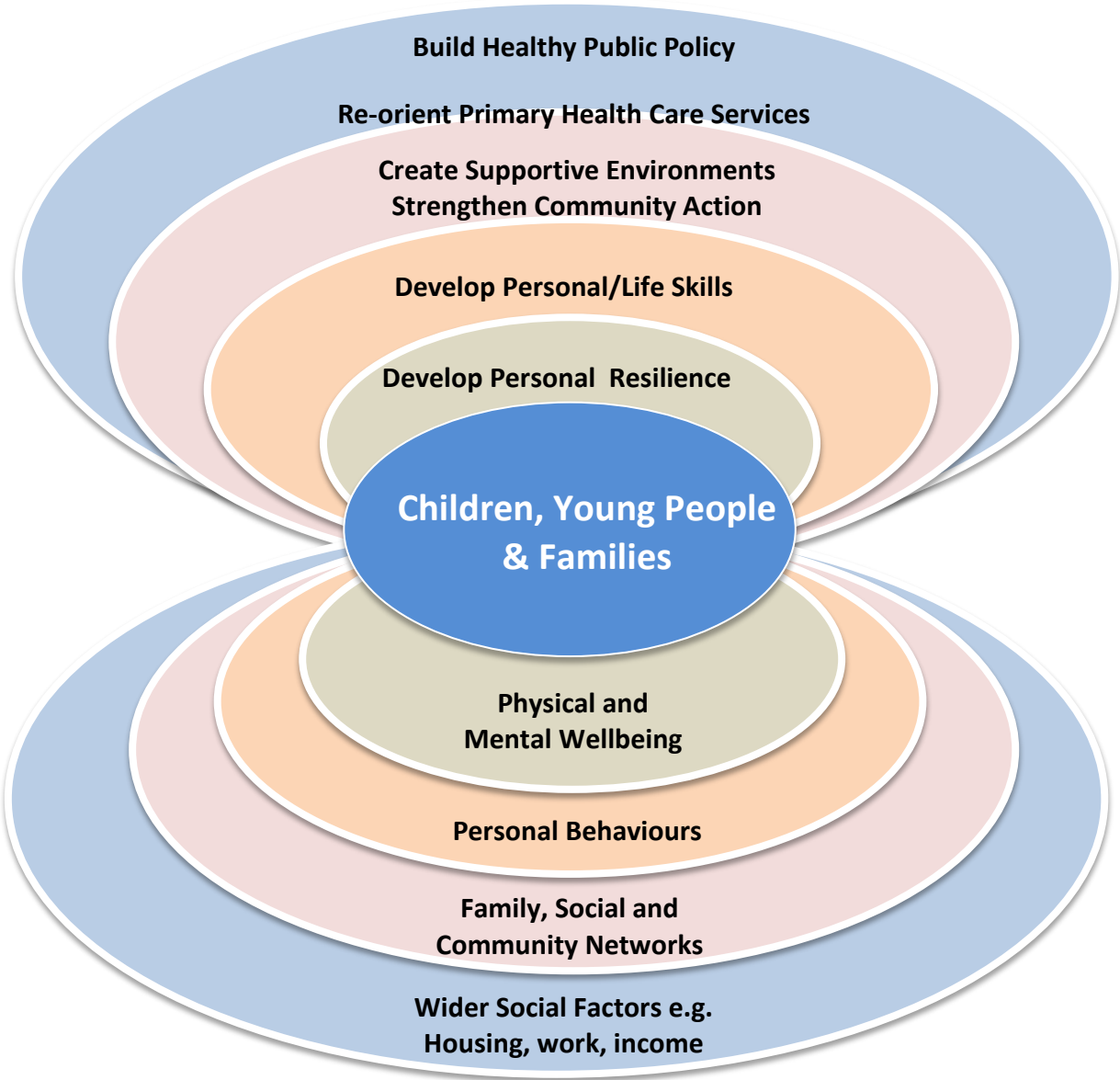
The Community describes a range of activities, services and support in the community for children, young people and their families. The HCP helps in developing and providing these and making sure people know about them.

Universal HCP to ensure a healthy start for every child. This may include promoting wellbeing and resilience, for example through listening and supporting, and protecting health e.g. by immunisations and identifying problems early.

Universal Plus provides a swift response when specific expert help is needed which might be identified through an assessment or through providing accessible services that people can go to with concerns. This may include managing long-term health issues and additional health needs, reassurance about a health worry, advice on sexual health, and support for emotional and mental health and wellbeing.

Universal Partnership Plus delivers ongoing support as part of a range of local services working together and with the family to deal with more complex problems over a longer period of time.

The Proposed New Model for Kirklees Integrated Healthy Child Programme



'STARTING WELL' SYSTEMS

(0-19) Learning Environment (*Formal and informal*)

Early Intervention & Prevention System

3-19 Formal Education

Schools as Community Hubs

Shared Outcomes
Best Start

ECM

Rounded
Resilient
Ready

Kirklees Council Early Intervention & Prevention Service (Early Help)

All Age Disability Service

HCP Specification(s) and Contracts

'Starting Well' Health Improvement System

Mental Health/ Emotional Wellbeing "Services"

Catalysing Change in Systems and Outcomes

